Mr. Goodcents Foundation -
Strategies for "enjoying life!"

Community Public Transit Strategy –

a *Good Ride* for enjoying life!

'Good Rides' is a proven strategy helping communities identify mobility needs, solutions and funding to help senior adults remain mobile within the community. The strategy is simple - neighbors helping neighbors.

The Steps:

- A community makes the decision to act.
- Elected officials empower citizens to organize, quantify the need for transportation and develop a budget / 5 year plan to meet the needs.
- Elected officials appoint citizens to the task force.
- The task force creates, distributes and collects surveys to quantify the needs of residents.
- The task force analyzes the survey and creates solution(s), budget and 5 year plan.
- The task force goes before the elected officials to present the mobility solution and gains funding approval of the budget / plan.
- The task force launches the program and works with the riders.
- The task force evolves into a citizen advisory group helping elected officials monitor, budget and adjust the program to meet the changing needs of the community.

Students helping hands and ears…

One of the 'life benefits' of the strategy is incorporating local high school community service programs allowing students to ride the bus helping seniors with packages and listening to their wonderful stories. Students make a huge difference. When a senior is too tired to get the groceries, a student is there to help. When told how important students are, they only state they receive much more than they give…

Special thanks…

Thank you to the many dedicated volunteers, cities and county agencies that created the service named '**EasyRide'** which brought to life a dream of mobility - a 'good ride' providing the freedom to live and enjoy life!

EasyRide was the name chosen for the strategy by the task force initiated by the communities of Fairway, Merriam, Mission, Roeland Park and Westwood, Kansas along with Johnson County Agencies and numerous volunteers. The Foundation thanks those who have put aging with freedom in action.

For more information on how your community can put freedom in action contact Jim Courtney at 913.583.8444, extension 504 or jcourtney@mrgoodcents.com .

Group Trips, another strategy for Freedom:

No matter the age, we enjoy holiday lights and visiting destination points. But what if driving isn't safe? The Foundation through a partnership with Johnson County Transit Service helps seniors see holiday lights, visit museums and other destination points as an on-going effort. It is hard to tell if the holiday lights or the eyes of the seniors are brighter!

Only with your help can we reach all parents, grandparents and those who have given so much!